

Lunch December 2018

Kearns Saint Ann

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Corn Dog BBQ Baked Beans Cucumbers Fresh Apple Sliced Pears Milk</p> <p>3</p>	<p>Chicken Sandwich Baby Carrots Tater Tots Fresh Bananas Mandarin Oranges Milk</p> <p>4</p>	<p>Cheese Pizza Ripper (V) Marinara Sauce Salad Blend Fresh Pears Sliced Peaches Milk</p> <p>5</p>	<p>Hot Dog Baby Carrots Broccoli Fresh Oranges Applesauce Milk</p> <p>6</p>	<p>Mac & Cheese (V) Green Beans Salad Blend Fresh Grapes Pineapple Chunks Milk</p> <p>7</p>
<p>Chicken Nuggets w/Roll Cucumbers Salad Blend Fresh Apple Sliced Pears Milk</p> <p>10</p>	<p>Hamburger Baby Carrots Tater Tots Fresh Bananas Mandarin Oranges Milk</p> <p>11</p>	<p>Cheese Pizza Ripper (V) Marinara Sauce Salad Blend Fresh Pears Sliced Peaches Milk</p> <p>12</p>	<p>Bean & Cheese Burrito Baby Carrots Refried Beans Fresh Oranges Applesauce Milk</p> <p>13</p>	<p>Cheese Pizza (V) Tater Tots Broccoli Fresh Grapes Pineapple Chunks Milk</p> <p>14</p>
<p>Alaska Tacos Diced Tomatoes Diced Onions Refried Beans Fresh Apples Sliced Pears Milk</p> <p>17</p>	<p>Chicken Nuggets w/Roll Baby Carrots Cucumbers Fresh Bananas Mandarin Oranges Milk</p> <p>18</p>	<p>Cheese Pizza Ripper (V) Marinara Sauce Salad Blend Fresh Pears Sliced Peaches Milk</p> <p>19</p>	<p>Cheeseburger Baby Carrots Tater Tots Fresh Oranges Applesauce Milk</p> <p>20</p>	<p>Rib BQ Sandwich BBQ Baked Beans Broccoli Salad Blend Fresh Grapes Pineapple Chunks Milk</p> <p>21</p>
<p>No School</p> <p>24</p>	<p>No School</p> <p>25</p>	<p>No School</p> <p>26</p>	<p>No School</p> <p>27</p>	<p>No School</p> <p>28</p>
<p>No School</p> <p>31</p>				



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.